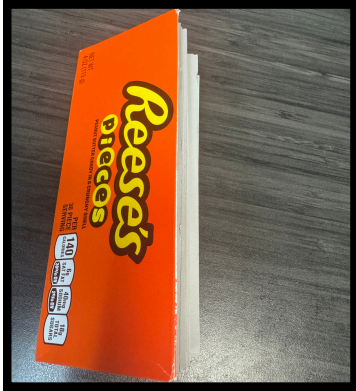


CANDY BOX JOURNAL



Materials

- Empty candy box
- Paper (printer paper, scrap paper, wrapping paper, old book pages, etc.)
- Needle and thread
- Awl, bookbinding punch, or push pin (for making holes)
- Glue
- Scissors or craft knife
- Ruler and pencil

Instructions

1. Prepare the Cover: Open the candy box and trim it so it lays flat like a book cover with a spine.
2. Prepare the Paper: Cut paper so the length matches the cover height and the width is twice the cover width. Fold papers in half to create signatures. Use 8 sheets per signature (16 pages) and make 3 signatures.
3. Mark the Holes: On the folded edge, mark four holes: about 1 inch from the top and bottom, then two more about 1 inch inside those marks. Use an awl or push pin to poke the holes.
4. Sew the Signature: Follow the sewing path:
 - In hole 3 → out hole 4
 - In hole 4 → out hole 2
 - In hole 2 → out hole 3
 - In hole 3 → out hole 1
 - In hole 1 → out hole 2
 - Tie the thread between holes 2 and 3.
5. Attach Signatures: Sew or glue the signatures together, then glue them into the candy box spine. For extra strength, glue the outer pages to the inside cover.

